

NRD 5K/1MILE FUN RUN & KIDS DASH

HAYMARKET BALL PARK TRAIL



DATE: April 1, 2017

TIMES: 9 AM with wave starts

ENTRY FEE

\$15

1M until 3/15

\$20

1M after 3/15

\$25

5K until 3/15

\$30

5K after 3/15

*****T-Shirts guaranteed with Early Registration ONLY (until 3/15)*****

Kids Dash FREE!!!

COURSE: Loop along the Haymarket Ball Park Trail, past Devaney and Memorial Stadium, over the 10th Street pedestrian bridge and back to the Nebraska School Activities Association (NSAA) building.

AWARDS: Overall Male & Female; Master Male & Female

PRIZES: Post-race prizes and raffle after the 5K completion.

PACKET PICK-UP: March 31st 1:00 – 4:00 PM, Lower Platte South NRD, 3125 Portia St, Lincoln, NE

Race day: 7:45-8:45 AM, NSAA building 500 Charleston St., Lincoln, NE

To Benefit the Nebraska Natural Resources Districts Foundation

The Foundation was established as a way to support students with a desire to enter the field of natural resources. Money raised will help provide scholarships, internships and support for high school students to continue their education in natural resources.

REGISTRATION - or register online at getmeregistered.com

Checks payable to NARD Foundation, 601 S. 12th Street, Suite 201, Lincoln NE, 68508

Name: _____ Age(at race) _____ Male/Female T-Shirt Size: _____ Adult/Youth

Address: _____ Email: _____

Emergency Contact and Phone: _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able. I assume all risks associated with running in this event including but not limited to: falls contacts with other participants, the effects of the weather including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Nebraska Association of Resources Districts, and all sponsors, volunteers and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, though that liability may arise out of negligence or carelessness on the part of the person named in the waiver. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use photographs, video tapes, motion pictures, web site images, or any record of this event.

Signature of Applicant or Parent/Guardian (under 18) and date:
